



AITKIN WOMEN OF TODAY

A word from our president...

Happy New Year everyone! I am so excited for this year to get underway! There are endless hours of possibility to sift, sort and live out!! Now that the new year is here it is time to start really thinking about where you see yourself fitting into our organization this coming spring! We have many opportunities for growth to offer you!

Do you have a passion for programming? Perhaps you have a personal interest in health and wellness?? Maybe Womens Wellness is the LPM position for you?!

Or maybe you have a passion for the youth in our community? Then Youth of Today would be the programming are for you!! Maybe you are really excited about our organization growing and reaching more women? Then you would be a PERFECT membership vice president!

As you can see, no matter your passions, we have something to offer YOU! Now the question is, will you take the challenge, will you step outside and UP into your personal power? I believe in you and know that YOU CAN DO IT!! The best part, is that you do not have to do any of this alone! We are here to link arms with you, to stand next to you, roll our collective sleeves up and get the job done!

If you would like to take on a board or programming position, but have questions about what that would entail, please feel free to call me and we can visit about what may be a good fit for you and your life!

In friendship-
Jessy

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Dates to Remember

- Jan. 12, Membership meeting at MLEC, social 6:30, meeting 6:45
- Jan. 23-25 MNWT Winter Convention, DoubleTree in Minneapolis
- Jan. 27 Board meeting, 7:00pm, Jessy's house

December Membership Meeting
 Monday December 8, 2014
 Leslie Goble's Home
 6:00 Pot luck dinner; 7:00 Meeting
 Hostess: Leslie G

Attendees: Leslie Goble, Heather Goble, Roxy Appel
 Wigton, Suzanne LaLond, Jessy McShane, Jessi
 Goble, Dorothy Dotzler, Heidi Westerlund, Annette
 Zilverberg, Cathy Olson, Jody Studniski, Emily Bellah,
 Michelle Elias, Jolene Ganzen

AGENDA:

Call to Order 7:01
 Pledge of Allegiance- Emily
 U.S. Women of Today Creed: Jody
 Introduction of guests: Mikky Brodman
 Invocation- Jolene
 Ice Breaker- Leslie – what good happened in your life
 last week?

OFFICER REPORTS:

Orders of the Day- group effort; quorum established
 14/32
Secretary Report- Suzanne
 -approval of November Minutes
 -PALS – Leslie – no report
Treasurer's Report Roxy - SP fund \$1456.16 income
 \$3691.24, exp \$0., EB \$5147.40, ST BB \$2749.59, inc
 \$0.00, exp \$0, ED \$2749.59, Reg BB \$4889.92,
 income \$217.55, exp \$609.64 EB \$4497.83

State Delegate- Heather

District Meeting

- Area meeting in Bemidji, March 28?
- March planning Staples / Motley
- District get-together in Grand Rapids possibly in Dec.
- Submit projects to Tari Sieler for a state-wide project book
- Motion made at district meeting – (Duluth/Aitkin)
 I move that district 3 holds meetings
 alphabetically. Motion passed.
- State wide project, “New Beginnings” closed their
 doors, changing our state wide project to “Emerge
 Mothers”, focus on mothers mnwt.org/statewide
 project, bathroom funds are going towards capital
 campaign for office supplies
- Little Fork extension – Aitkin interested in
 helping?, Help them do PR, marketing, run
 meetings, buddy for the first two years, help run
 projects, membership drives
- Awards presented: 3 Reflector Awards (MLEC,
 Westside Church, Clear Lake Grange), Fast Starts
 (Dorothy, Roxy), **U.S. awards for 2013-2014:** 4
 U.S. Health and Wellness (Joy, Jolene, Leslie,
 Amanda), Year-end growth for 2013-2014, U.S.
 Personal Development (Amanda), U.S.
 Recognition for Community Connections (Leslie)

Winter State Convention

- Jan. 23-25, DoubleTree Minneapolis, Mardi Gras
 theme

- Bi-law proposal – Motion was made that those
 serving on executive council can serve 8 years as
 opposed to the 6 they can currently serve. Need to
 vote at next meeting.

-State Bi-Law proposal - Heidi

Membership VP- Heidi – 2 NMA this month & maybe
 Amy; All renewals except Stacy Riedel

Chairman of the Board- Heather no report

Presidents Report- Jessy

**Mid year evaluation

**Thank you to Leslie Goble for hosting tonights
 meeting! And to everyone who brought a dish to
 share! YOU ROCK!!

**Next months membership meeting will be at MLEC
 on January 12th, Leslie Baird is hostessing
 Januarys challenge! Come up with one goal that you
 can achieve this month. Maybe its trying something
 new (then you can sign Heathers "when was the last
 time you did something for the first time" board, Feel
 great about yourself, and earn some BROWNIE points
 from me and the rest of the chapter! Be ready to
 SHARE what you did in January at Februarys meeting
 as I am hostessing, and that WILL be our icebreaker!
 Make it as CRAZY or CASUAL as you want!

**Speaking of February... I am thinking of a
 THEMED meeting. Maybe a bit of dress up, maybe
 speaking in accents.. WHO CARES!! IT'LL BE A
 BLAST!!

p.s. I'm a bit jealous of you awesome cookie bakers.. :

(

-Board Meeting, December 29 7pm Jessy's

-Next meeting will be January 12th- Leslie Baird
 hosting

Programming VP- Leslie - I encourage you to fill out
 your STEP certification forms. The President's
 Challenge is to attend a committee meeting on the local
 level, state level, or national level. I will pass out
 forms.

Tickets are still for sale for the MNWT Foundation
 raffle. Tickets are \$5 each and have fabulous prizes!
 LPM reports are due by December 30, 2014. You are
 reporting for September through December. Use your
 agendas and minutes to help fill it out. Can do report
 online or paper form from the MNWT Book of Forms.
 Sent copies to appropriate MNWT EVP or IVP,
 appropriate SPM, appropriate DPM, DD Mindy
 Roberts, and Jessy. Can give a copy to me.

PROGRAMMING AREAS:

External-

Coins for Causes (8.59) **M/S/P** – Suzanne/Cathy - I
 move that we round up Coins for Causes to \$25 to
 Sexual Assault Services

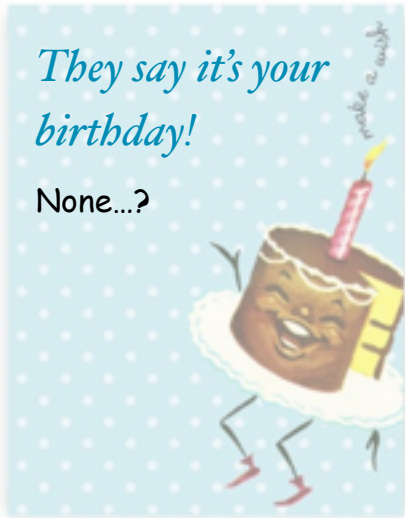
-Policy implantation – Roxy **M/S/P** – Roxy /Heidi/
 Jessy G I move that we add Policy 4. Special Funds for
 Coins for causes 1) money raised shall be used to
 donate to local charities and/or Chapter member
 supported causes 2) the chapter may increase the
 amount donated by membership vote

Youth of Today- Roxy

- OYA, Dawn Casey Sandberg awarded OYA-
M/S/P – Roxy/Heidi - I move that a \$00 budget for OYA nomination candidate & family for state convention
 - Easter Carnival Roxy/Annette – Saturday March 21 at Westside, sign up sheet will be at January's meeting
 - Memory Books Cathy & Dorothy – no report
- School Pictures*- Nina & Jen Kinzer– called a committee to review contract changes – contact meeting with Life Touch and with Interstate
- Isaacs Journey Foundation*- Annette – will be coming to an end on January 1st the funds will be shifted to the University of Minnesota Cancer Fund
- Donation can – currently at Office Shop and will continue to move it monthly. Last month we raised over \$10 Aitkin Women of today were my biggest supporters. Thank you!!!
- Schwan's fundraiser – continues for 4 days after AWT will continue to receive revenue checks quarterly if people continue to buy from our campaign and that amount would be 5 % of our sales. I am providing flyers to put up in various places along with catalogs again this month. Thank you to the ones that took them last month.
- Winter State Luminaries- This is the last year to display luminary bags in honor/memory of a child in your community that has suffered from cancer.
- Community Connections*- Dorothy
- Salvation Army bell ringing – Dorothy – Sat December 13, 10-12 2 people; 12-1 – 1 person; 2-4 2 people; 4-1 1 person, Stop by any of those times if you are available.
- Madrigals @ Security State Bank Dec 12 2:45 pm
- PDC – Beau Ekelund not awarded again. **M/S/P** – Dorothy/Suzanne – I move that we create a local Aitkin award for PDC for Eau Ekelund. Amended: \$10 in Aitkin Bucks.
- Community Band – Dec 13, Deerwood
- Jaques Market Place – Tu thru Sat 11-4
- Tree Lighting Ceremony 12:6 @ 6 pm
- Lunch & Learn Chamber of Commerce Dec 18 12-1
- Zumba with Jessy M & TH @ Butlers @ 5:35
- Women's Wellness*-Heidi – signup sheet on clipboard see detail in newsletter Decembers challenge: 30 minutes exercise 5 out of 7 days/wk. I will be giving out a great prize to the winner. (Heidi Westerlund, Jessy McShane
Leslie Goble, Jody Studniski, Mikky Brodman)
- (BREAK)
- INTERNAL:**
- Ways and Means*- Suzanne – greeting card order form on clipboard
- Records and Recognition*- Amanda – no report
- Project Review Committee*- Jessi/Heather/Jessy/Dorothy – no report
- Living and Learning*- Jolene I am looking forward to a PEP Course in months to come with many of you. I think there are

some great topics to explore. Here is the list:

- *Communications.....
 - *Motivation.....
 - *Leadership.....
 - *Personality....
 - *Time Management.....
 - *Stress Management.....
 - *Team Building.....
 - *Financial Management
- A course could be as short as 30 minutes or 1 hour (or up to 2 hrs). I would be willing to have the shorter 30 minutes to 1 hour course if paired up with another short program going on for the night. I will ask for suggestions at our next meeting.
- Also think about certifications for Living and Learning, Health and Wellness, and Personal Development. These are easy to complete. I may ask for a certification night as well for a group to work on together. Things as easy as: having a physical, dental appt., watching a funny tv show or movie, certifying in CPR or First Aid, learning or teaching something new, taking an educational course, or giving a speech. The only requirement is to have 15 out of the 30 areas on the sheets.
- *Please ask if questions text/call me @ 218-670-0083 or email me@ joleneanngansen@yahoo.com
- Please forward certifications to:
Tevyan Sorensen; Living and Learning State Program Manager; 15709 Forest Circle; Burnsville, MN 55306
- Women Who Impact Award- Leslie – Joy Janzen accepted nomination. **M/S/P** – Leslie/Cathy – I move that in the event Joy Janzen receives the WWI award, that we purchase 2 dinner tickets for Winter State, one for Joy and 1 for a guest
- Newsletter*- Heather
- Articles Due- December 26. awtnewsletter@gmail.com.
- Public Relations*- Leslie G. (Jessy needs to get stuff to Leslie)
- Social Media- Amanda – no report
- NEW BUSINESS:**
- Library Christmas event-Roxy Dec 2 @ 6 pm simple crafts to be done with the children.
- Cookie Exchange-Leslie – A big thank you to Heather, Jody, Roxy and myself for participating!
- Safety Town – Heather to start looking into the project. Will need Chairs
- Social – Heather – caroling & games at Heather's 7 pm Monday December 22
- Aitkin School District Referendum
Received a call from Bernie Novak asking AWT to support the upcoming referendum. If you have questions, or want more information, attend meetings at Rippleside on December 11, at 6:00, or at the high school on December 17 at 6:00.
- M/S/P** – Leslie G/Cathy – I move that we donate \$500 towards the Tetherball Equipment from the CSA fundraiser to Rippleside.
- Sunshine- Cards of support were sent to Rhowyn Byrnes and the Byrnes' family supporting them for Rhowyn's surgery. Thank you to Nina for putting together a support gift on behalf of the AWT.
- \$7 winner Roxy
- Good and Welfare
- Benediction



STEP Certification

At the December meeting, I passed out STEP 3 and STEP 4 forms. Please keep working on them and make them your Women of Today New Year's Resolution! If you need help with anything, please let me know. Remember, the USWT Presidential Challenge is to participate on a local, state, or national committee. If you are on STEP 1 or 2, please see Heidi for assistance. If you were not at the December meeting, I have copies for you or you can find them on the MNWT website. Thank you! Leslie Goble

MNWT RAFFLE TICKETS ARE STILL AVAILABLE AT \$5 EACH! SEE LESLIE GOBLE!



Membership VP

Guess What? We have three more new members from the December holiday meeting!! Please give a warm welcome to Kaye Simonson, Mikki Brodhead, and Amy Kraushaar (yes, we all know Amy). Glad to have you three on board!! We will be holding a new member orientation, and if you feel like brushing up on your knowledge of the Women of Today, anyone can attend! I am going to make sure I have a good time and date (with the new members), then I will share that with the general membership. Come one and all, and please remember to give a warm welcome to our three new members!
Thanks, Heidi, MVP

Women's Wellness

Who has been keeping up with 5 out of the 7 days of the week daily activity?? At this meeting, we will be announcing the winner of the challenge and they will be receiving a very nice prize for their 3 month effort! Thanks to everyone who participated, myself and Becky Lysen, SPM WW, truly appreciate it!!
Heidi



Meeting Hostesses	
January	Leslie B.
February	Jessy M.

Living and Learning

I am looking forward to at least one PEP Course for the last quarter. I think there are some great topics to explore. Here is the list:

- *Communications.....*Motivation
- *Leadership.....*Personality
- *Time Management.....*Stress Management
- *Team Building.....*Financial Management

A course could be as short as 30 minutes or 1 hour (or up to 2 hrs). I would be willing to have the shorter 30 minutes to 1 hour course if paired up with another short program going on for the night.

Also think about certifications for Living and Learning, Health and Wellness, and Personal Development. These are easy to complete. I may ask for a certification night as well for a group to work on together. Things as easy as: having a physical, dental appt., watching a funny tv show or movie, certifying in CPR or First Aid, learning or teaching something new, taking an educational course, or giving a speech. The only requirement is to have 15 out of the 30 areas on the sheets.

*Ask if questions at our next meeting, text/call me @ [218-670-0083](tel:218-670-0083) or email me@ joleneangansen@yahoo.com

We only have 4 months left for certifications. Please try your best and have fun with these.

~Jolene, Living and Learning LPM

Community Connections

Thank you to all the Salvation Army Bell ringers at Paulbeck's on Dec 13th; Jessi G, Cathy , Leslie G, Jodi, Heather, Annette and Leslie Baird. I really appreciate your contribution of time at the busy holiday season. The donations were coming in with most everyone that came through the check out lines, we helped with taking groceries out and visited with many community members that were shopping at Paulbecks. 16 hours of community service donated in time by our members!

Thank you, Dorothy, Community Connections LPM

Sunny Notes

Roxy, Heather, and Jody: Thanks for your participation in the Christmas Cookie Exchange. Your cookies were wonderful! Leslie Goble

Annette: Thanks so much for the Schwan's fundraiser! Everything I've had so far has been delicious! Leslie Goble

AWT Members: Don't forget to vote, on January 6, for the ISD #1 Referendum! Leslie Goble

Heather: Thanks for the relaxing evening of treats, caroling, and games. Love, Mom

AWT LPMs: A big thank you to those of you that completed your 2nd Trimester LPM report. All reporting helps us on the state and national level. Leslie Goble

Leslie, thank you for opening up you home to all of us for the Christmas meeting/potluck. Great meeting, yummy food, beautiful decorations and lots of laughter!

Jessi, happy anniversary!! So glad to have you as my big sister!! -Jessy

Annette, thank you for all of your work with Issacs journey! Sending you continued success with The children's cancer research foundation. - Jessy

Happy new year to all of our membership and their families! - Jessy

Thank you Annette, Suzanne, and Leslie for a fun night of games and carols! -Heather



January Membership
Meeting Monday, January 12th
MLEC, Hostess Leslie Baird
6:30 social, 6:45 meeting

AGENDA:

Call to Order
Pledge of Allegiance- Sam R.
U.S. Women of Today Creed- Emily B.
Introduction of guests
Invocation- Jolene
Ice Breaker- Leslie B.

OFFICER REPORTS:

Orders of the Day- Heidi
Secretary Report- Suzanne -approval of December Minutes
PALS- Leslie
Treasurer's Report - Roxy
-Mid-year budget review
State Delegate- Heather
- Winter State Convention Jan 23-25th
-State Bi-Law proposal vote
-Little Fork extension
Membership VP- Heidi
-Cookies and Caroling social, Heather's, Dec. 22
-Game night at the 40 Club, Annette/Heidi
Chairman of the Board- Heather
Presidents Report- Jessy
- Mid year evaluation
- Board Meeting, **Tuesday**, Jan 27, 7pm, Jessy's house
- Next meeting will be January 12th- Leslie Baird is Hostessing
Programming VP- Leslie

PROGRAMMING AREAS:

External
- Coins for Cause
- Youth of Today- Roxy
- Safety Town
-Easter Carnival – Roxy / Annette
- OYA, Dawn
- Memory Books, Cathy/Dorothy

-School Pictures- Nina
- Calling for a committee to review contract changes
Isaacs Foundation- Annette
-Schwans fundraiser
-kids with cancer fundraising can
Community Connections- Dorothy
-Community meal- Roxy
-Salvation Army bell ringing - Dorothy
Women's Wellness-Heidi
(BREAK)
INTERNAL:
Ways and Means- Suzanne
-Easter Carnival bake sale - chair needed
Records and Recognition- Amanda
Project Review Committee- Jessi/Heather/Jessy/
Dorothy
Living and Learning- Jolene
-Pep Course
-Newsletter- Heather, Articles Due- Jan. 28
Public Relations- Leslie G.
-Community award presentations
-Social Media- Amanda

NEW BUSINESS:

-Past President meeting date TBD
-Elections
-March bowling social

Sunshine - Roxy
Good and Welfare Benediction